



CONFIDENCE MEETS **AUTHENTICITY**

A VALBRIDGE WOMEN'S COUNCIL PUBLIC SPEAKING CLASS





“No matter what people tell you,
words and ideas can change the world.”

ROBIN WILLIAMS

THE CHALLENGE

This class is for you if...

- You tend to wing presentations because you don't have time to prepare.
- You talk fast when you're nervous and speed through your presentations.
- You get the sense you're not holding the audience's interest.
- You don't remember what you said after the presentation.
- You talk the whole time and haven't learned to engage your audience.
- You haven't presented before, but you are curious if you could do it.
- You love presenting and you can always improve your skillset.

THE CLASS



Learning to lead at the front of the room with confidence takes awareness, understanding, and experimentation. You get all three of these in this interactive and fun Public Speaking Class. You'll be introduced to fresh concepts and be ready to apply them immediately.

Whether you've just started presenting or you've been presenting for years, you'll discover valuable insights to level-up your front-of-the-room acumen.

Unlike many speaking classes that focus primarily on the technical aspects of delivery, this workshop places great emphasis on authenticity first as the gateway to presenting with confidence.

Finally, as a result of your participation in this class, you will book your first speaking engagement! You'll find the perfect place to bring it all together and make an impact on a real audience.

BUILD CONFIDENCE

20 Confidence Boosters
Strategy When Under Pressure
Book: *Speak with Confidence*
Book: *Captivate Your Audience*

CREATE THE STORY

7Cs Framework to Create Content
3 Elements for Sharing Wisdom
Emphasis on Audience-centric
Connecting With Your Content

DELIVER AUTHENTICALLY

Practice - Stand and Deliver
Incorporate Engagement
Connect Passion With Work
Coaching and Feedback

